

Girl Talk Series

March 24, 2019

Grades 4-6: 10am - 12pm

Grades 6-8: 1-3pm

2 FUN, EDUCATIONAL & EMPOWERING SERIES!

Join us for the 3rd and final workshop of this series!

GIRL TALK 1.0: Be Bold, Be Brave, Be You!

This series is for girls who are in grades 4-6th. In this workshop girls will learn the importance of being kind to themselves and to others, how to love and celebrate their confident thoughts, beautiful words, smart actions and unique character and learn the importance of building others up, not down.

GIRL TALK 2.0: Be. *You*.tiful

This series is for girls who have already completed our first Girl Talk Series and/or in grades 6-8th. We will deliver a strong message of self-worth, vision and personal power! In a fun and encouraging way, we will help young girls find their voice and authentic power within. We will inspire girls to love and accept themselves - just the way they are!

Laura Roetgerman, Psy.D & Nicole Keller, MS, PCC have a mutual passion for working with adolescent girls. They believe in the power to support each other, learn from one another & inspire others to do the same. Confident girls = powerful women!



Center for
Personal Wellness
Psychotherapy and Consultation

HOW TO REGISTER

RETURN BELOW TO:
Center for Personal Wellness
96 W. 4th Street
Minster, OH 45865
or register online at:
www.centerforpersonalwellness.com

Student's Name: _____

Parent Contact: _____

Contact Number: _____

Email Address: _____

Student's School: _____

Student's Grade: _____

Check which workshop(s) your daughter will be attending:

Sunday, March 24th, 10am -12pm

Sunday, March 24th, 1-3pm

Cost: \$45 per workshop

*Checks can be made out to:
Center for Personal Wellness*